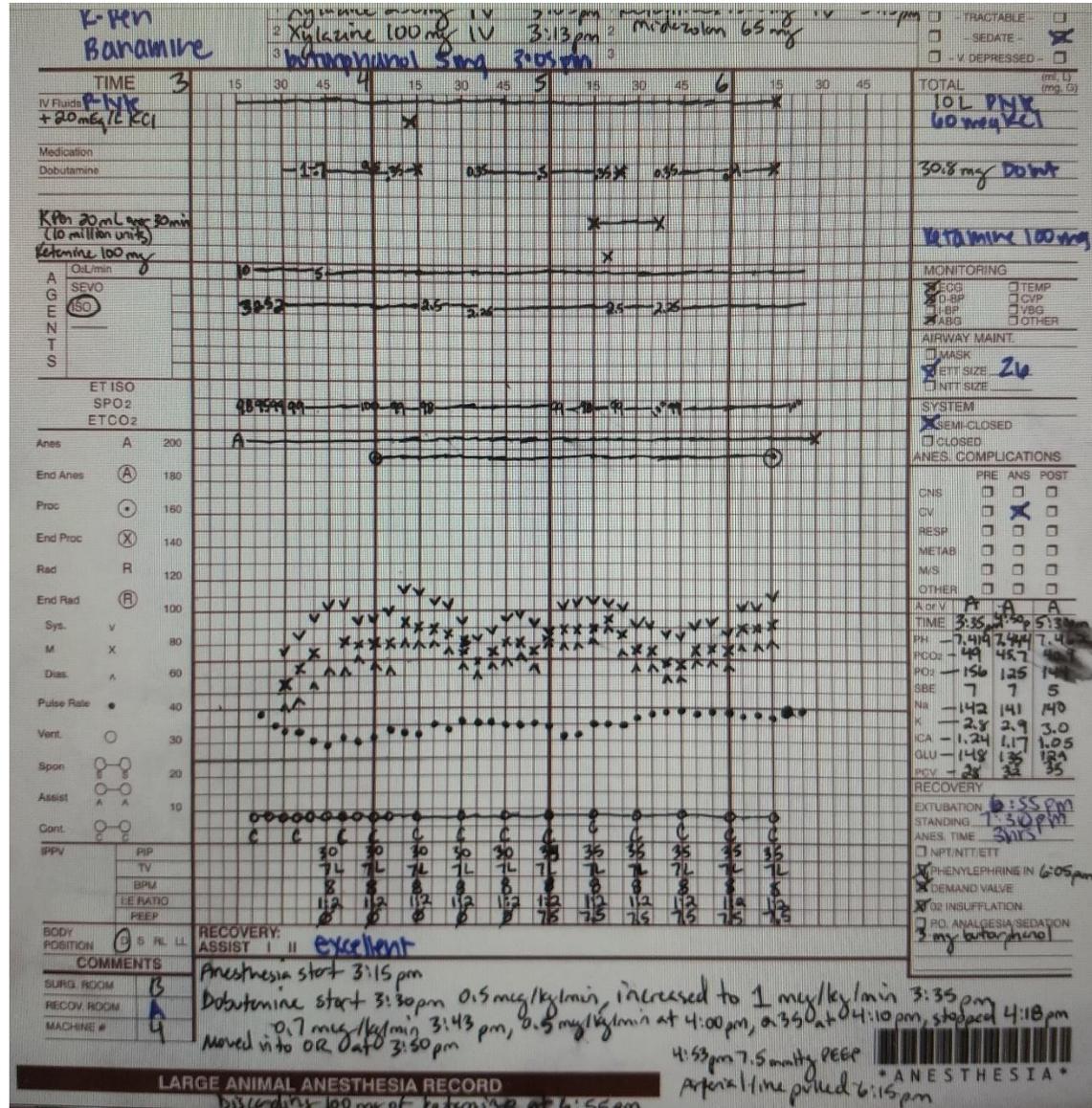


Monitoreo en sedación y anestesia general

Complicaciones mas comunes

Manuel Martin-Flores, MV, DACVAA
College of Veterinary Medicine
Cornell University



Procedimientos bajo sedacion

Examen fisico y muestras de sangre en animales agresivos

Imagenologia (radiologia, U/S y TAC)

Bloqueos de nervios y epidurales en dolor cronico o agudo

Curacion de heridas, vendajes, etc

Protocolos de sedacion

En animales **sin cardiopatía**, enfermedad respiratoria o neurológica

Dexmedetomidina 2-3 mcg/kg + butorfanol 0.1-.02 mg/kg IV o IM

Adiciones: 1-2 mcg/kg dexmed IV

+/- propofol 0.5-1 mg/kg bolo IV

O KETOFOL

Protocolos de sedacion

Ketofol (ketamina + propofol 1:1 en mg)

1 parte Ketamina 100 mg/ml
mas 9 partes propofol 10 mg/ml
Mezclado en la misma jeringa
0.5-1 mg/kg IV, adiciones a
efecto



Hipoventilacion, hypoxia y apnea

Todos los protocolos de sedacion que **inmovilizan** al paciente **pueden** resultar en **hipoventilacion** e **hipoxia**

Sobre todo si incluyen opioides, propofol o ketamina

Aun en animales con buena funcion cardiaca y respiratoria

Hipoventilacion, hipoxia y apnea

Hipoventilacion es generalmente tolerada

Hipoxia por desplazamiento de O₂

Normoventilacion

$$PAO_2 = FiO_2 (P_{atm} - P_{H_2O}) - PCO_2 / 0.8$$

$$PAO_2 = 0.21 (760 - 47) - 40 / 0.8 = \mathbf{100 mmHg}$$

Hipoventilacion

$$PAO_2 = 0.21 (760 - 47) - \mathbf{60} / 0.8 = \mathbf{75 mmHg}$$

Hipoventilacion, hypoxia y apnea

Solo por **hipoventilar** puede haber hipoxia ($\text{PaO}_2 < 85 \text{ mmHg}$)

No incluye:

Enfermedad pulmonar

Shunt pulmonary (ocurre durante anestesia en sanos, y mas en gerontes/obesos)

Obstruccion de vias aereas

Hipoventilacion, hipoxia y apnea

Tratamiento: O₂

$$PAO_2 = 0.4 (760 - 47) - 60 / 0.8 = 210 \text{ mmHg}$$

Mascara o sondas nasals

Solo contraindicado en incendios



Hipoxemia durante la anestesia general

En sanos asociado a **shunt pulmonar**

Shunt es multifactorial, pero afectado por **reduccion del volumen pulmonar**

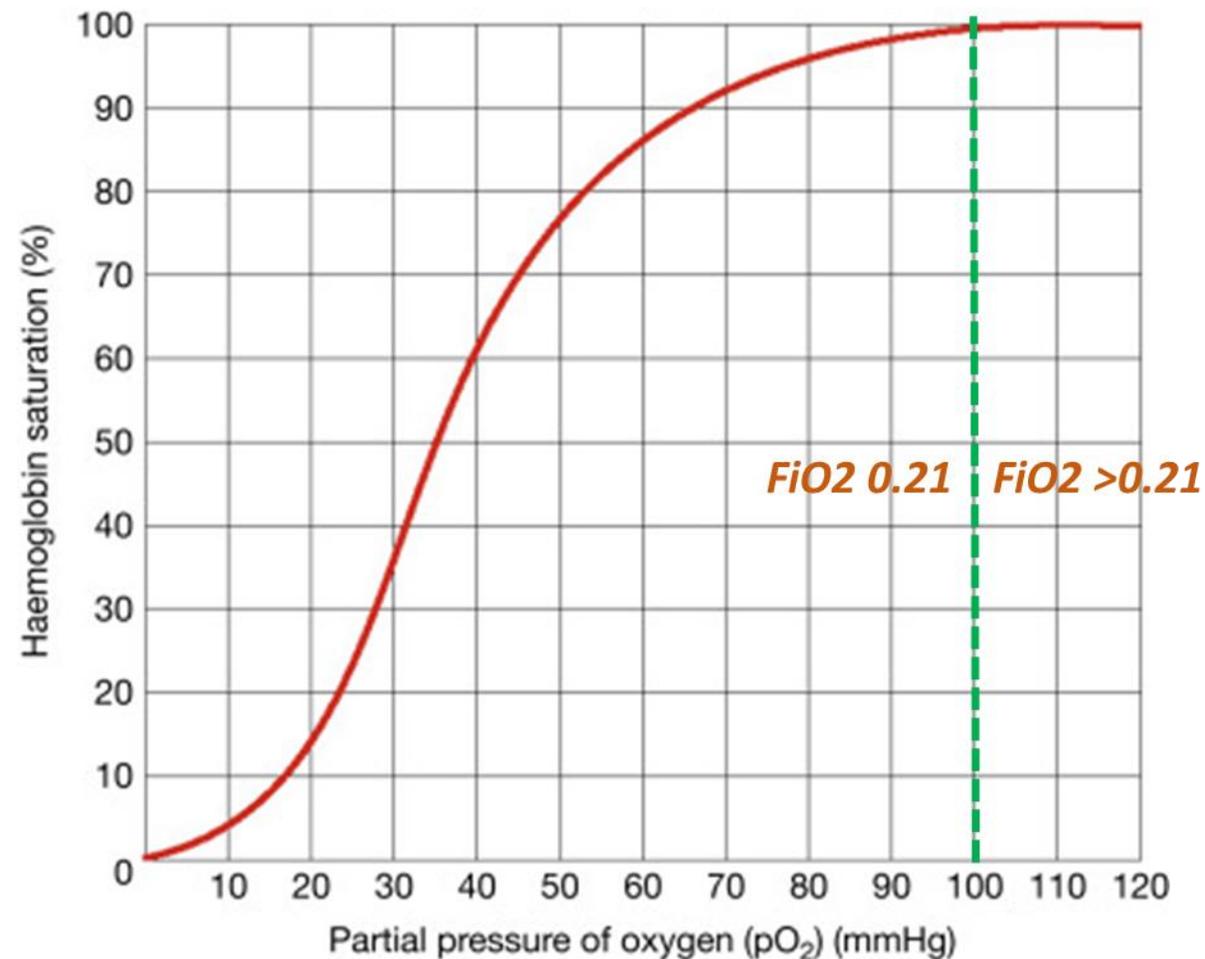
Volumen pulmonar afectado por decubito, tiempo, presion intra-abdominal, obesidad

Diagnostico de la hipoxemia – oximetria de pulso

La **oximetria** de pulso mide la **saturation** de **hemoglobina**

La **caida** de **SpO2** con **FiO2 100%** revela una **falla grave**

Reducciones leves de oxigenacion solo se detectan con **gases arteriales**



Estrategias para prevenir (o reducir) shunt

Ventilacion espontanea: **actividad diafragmatica**
previene cierto grado de colapso

Reclutamiento alveolar: objetivo es abrir alveolos
colapsados

Efectos de **corta duracion** – deberia ser
seguido de PEEP o CPAP

O **repetidas periodicamente**

Reduccion de la FiO_2 ?

Reduccion de la FiO2

Effects of two fractions of inspired oxygen during anesthesia on early postanesthesia oxygenation in healthy dogs

tion. Hypoxemia ($P_{aO_2} < 80$ mm Hg) was diagnosed in 1 dog in the control group ($P_{aO_2} = 74$ mm Hg) and 1 dog in the 40% oxygen group ($P_{aO_2} = 76$ mm Hg) at 5 minutes after extubation, and in another dog in the control group ($P_{aO_2} = 79$ mm Hg) at 20 minutes

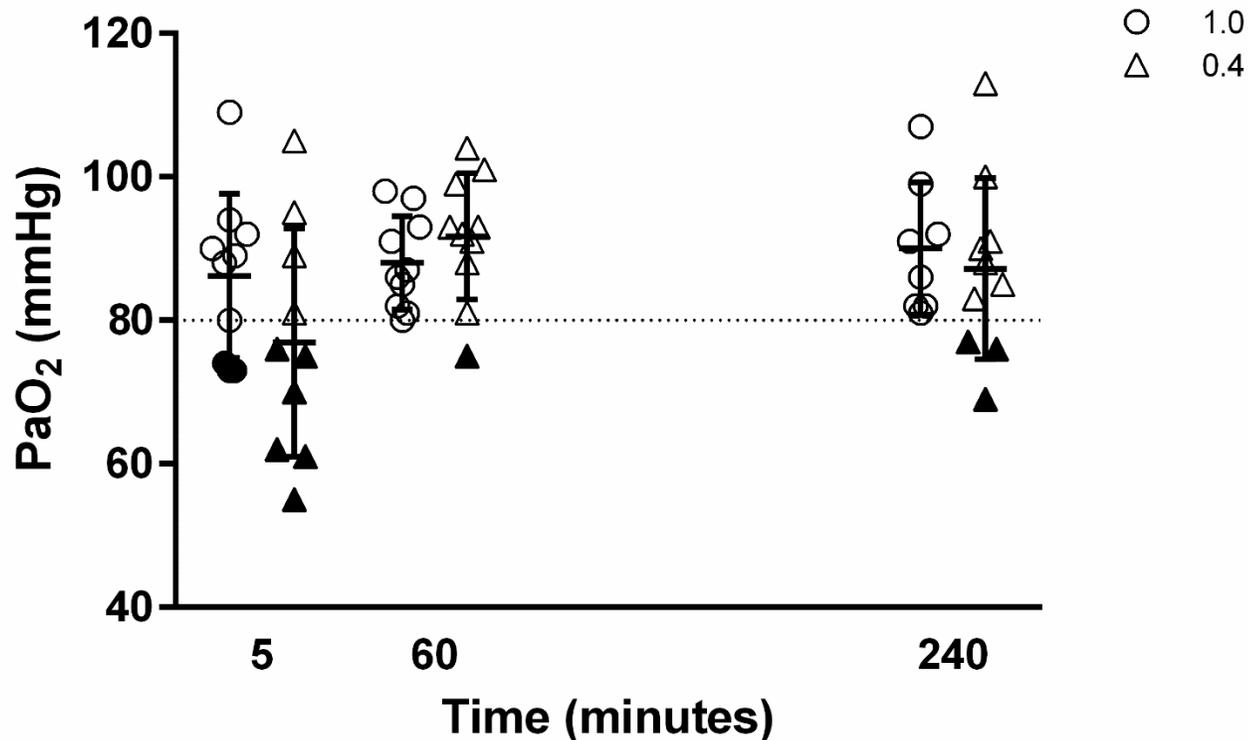
Cuidado con “adoptar” esta practica en forma **indiscriminada**

El **riesgo** de hipoxia **sube**

El **tiempo** tolerable de **apnea baja**

Posiblemente poco util si hay cierre de vias bajas

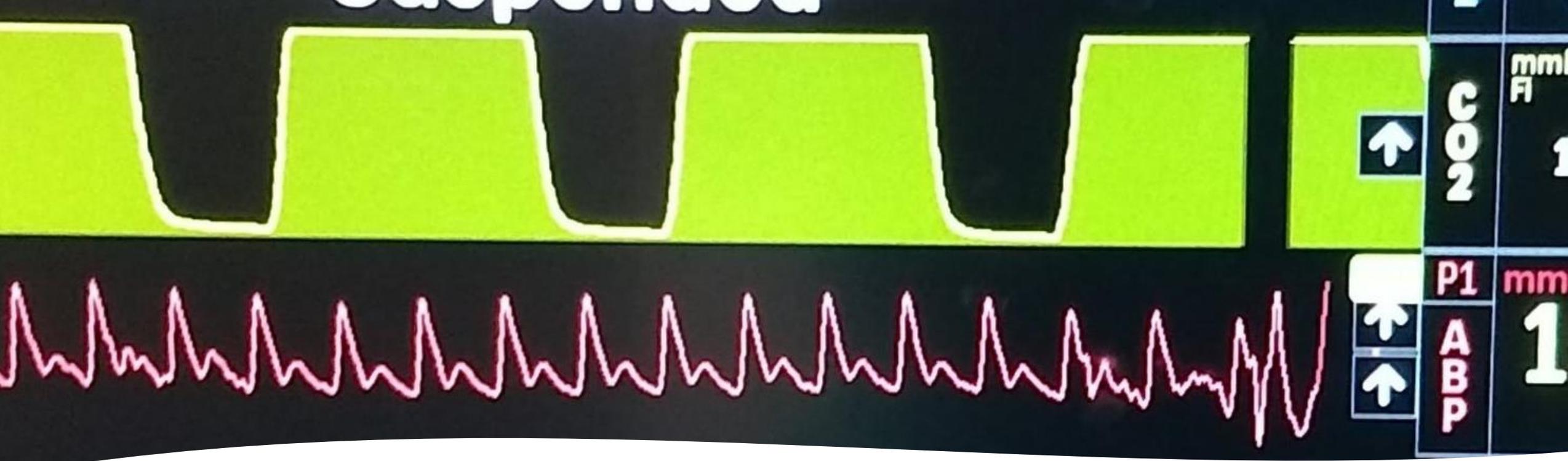
La literature es inconclusa en cuanto a ventajas



Otros usos del oximetro de pulso – variacion del pulso y perfusion

Cuidado con usar la lectura de la curva pletismografica para evaluar presion arterial o perfusion





Capnografia

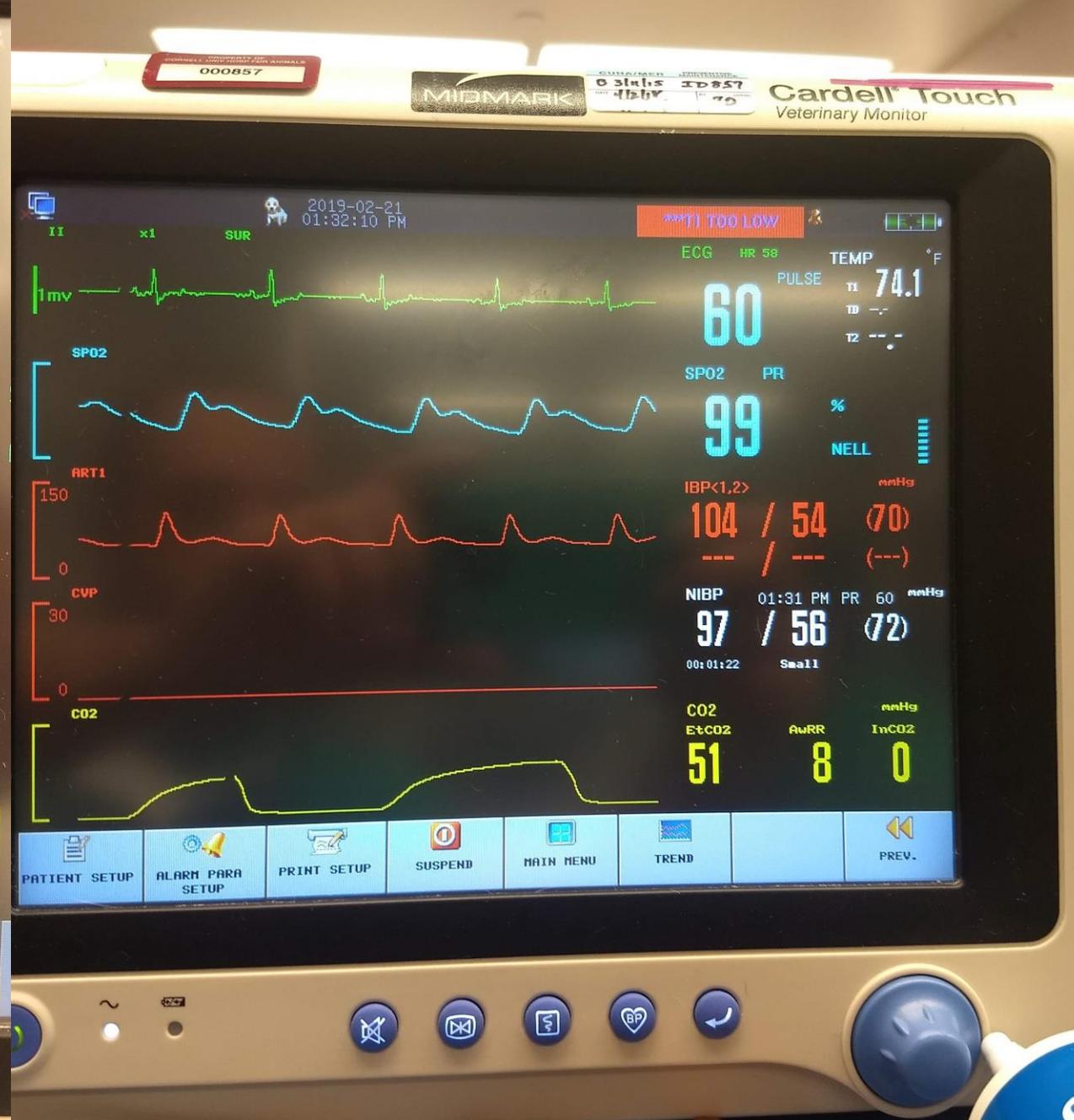
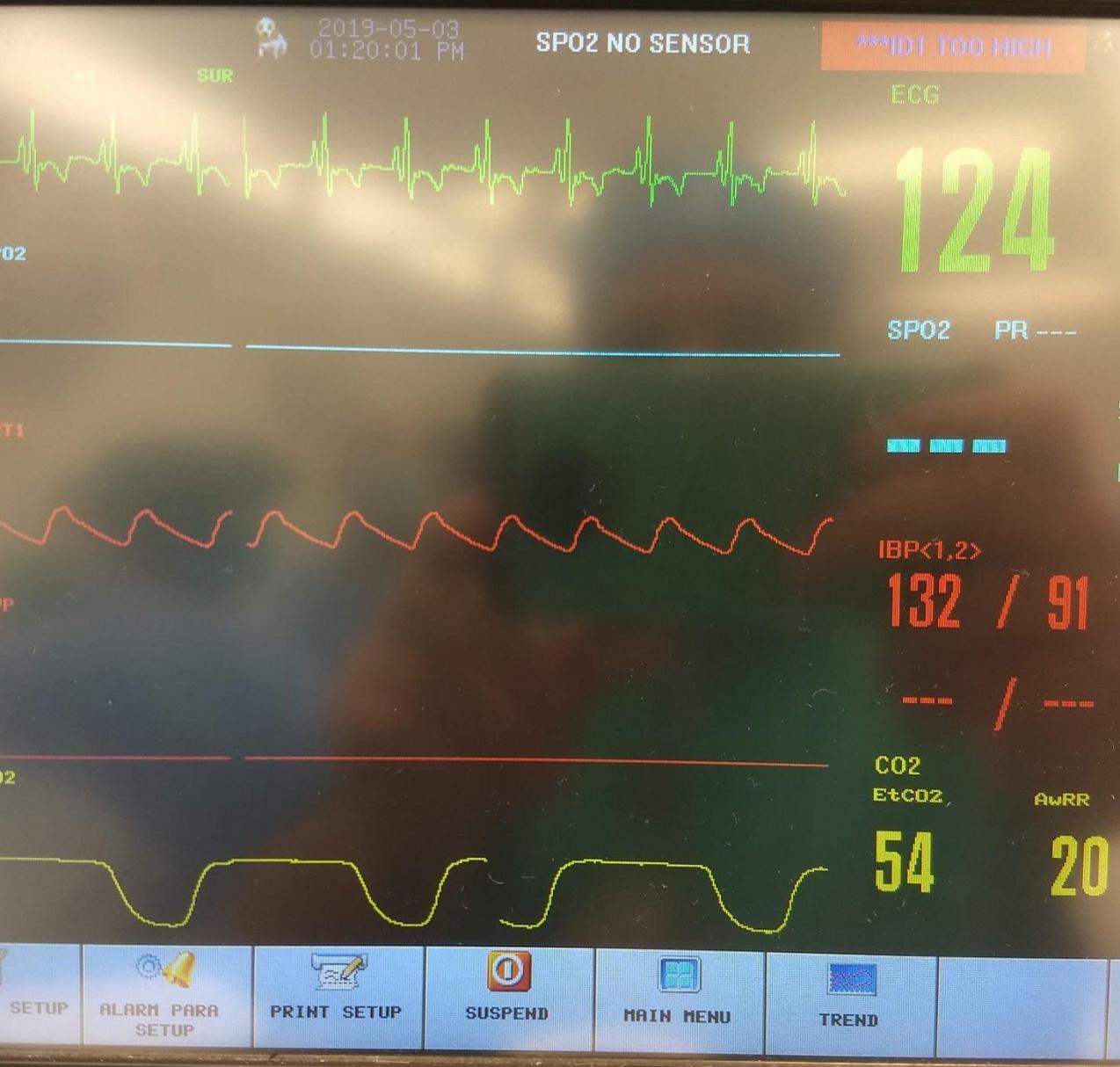
Evalua la ventilacion espontanea

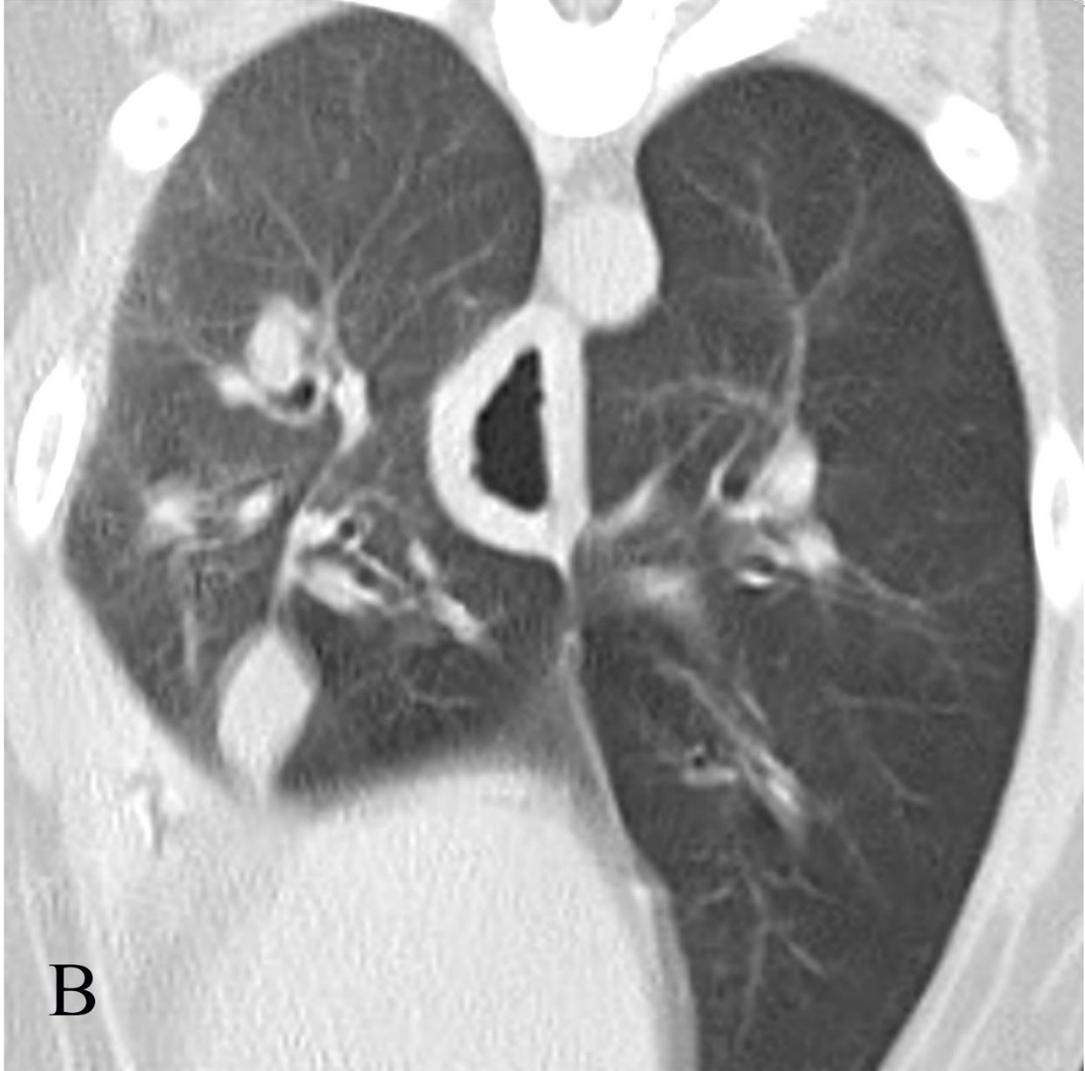
Guia la ventilacion mecanica

Evidencia de **via aerea permeable**

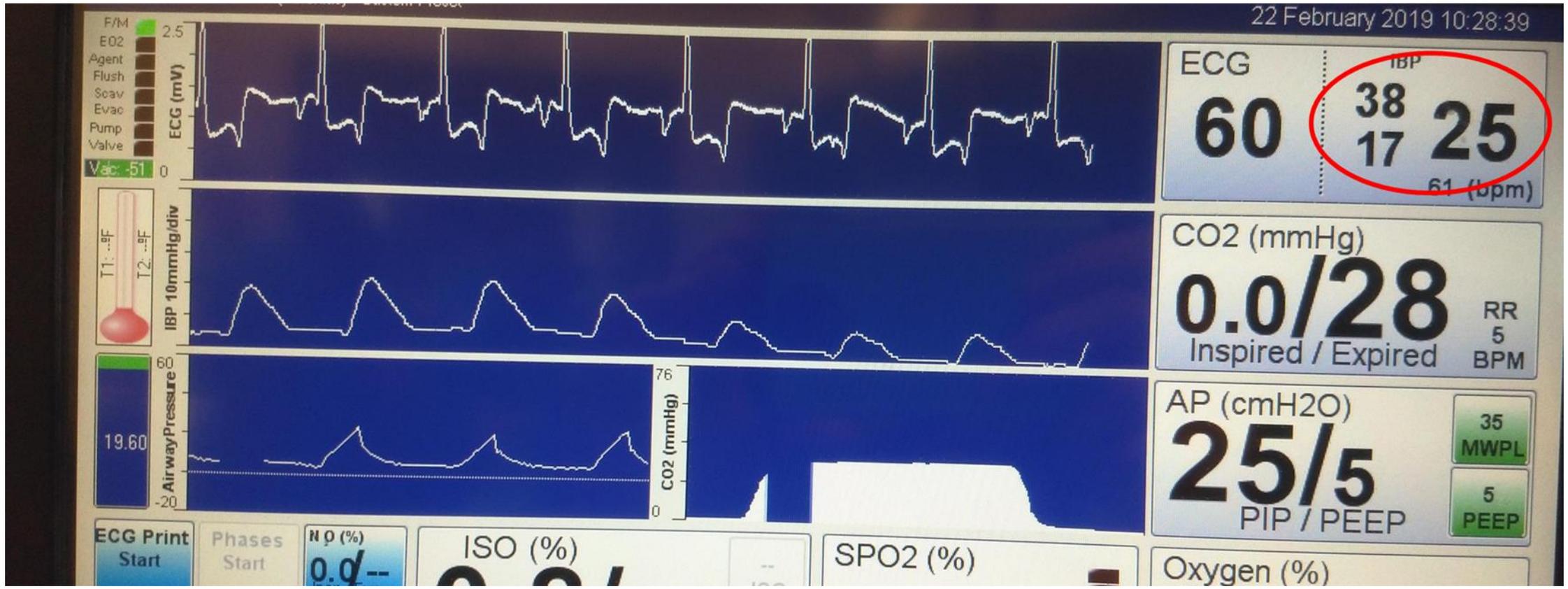
Ausencia de CO_2 expirado indica **obstruccion** de la via, **apnea**, o **perdida** de **GC**

Cambios en la **morfologia** pueden indicar **obstrucciones**





Hipotension arterial

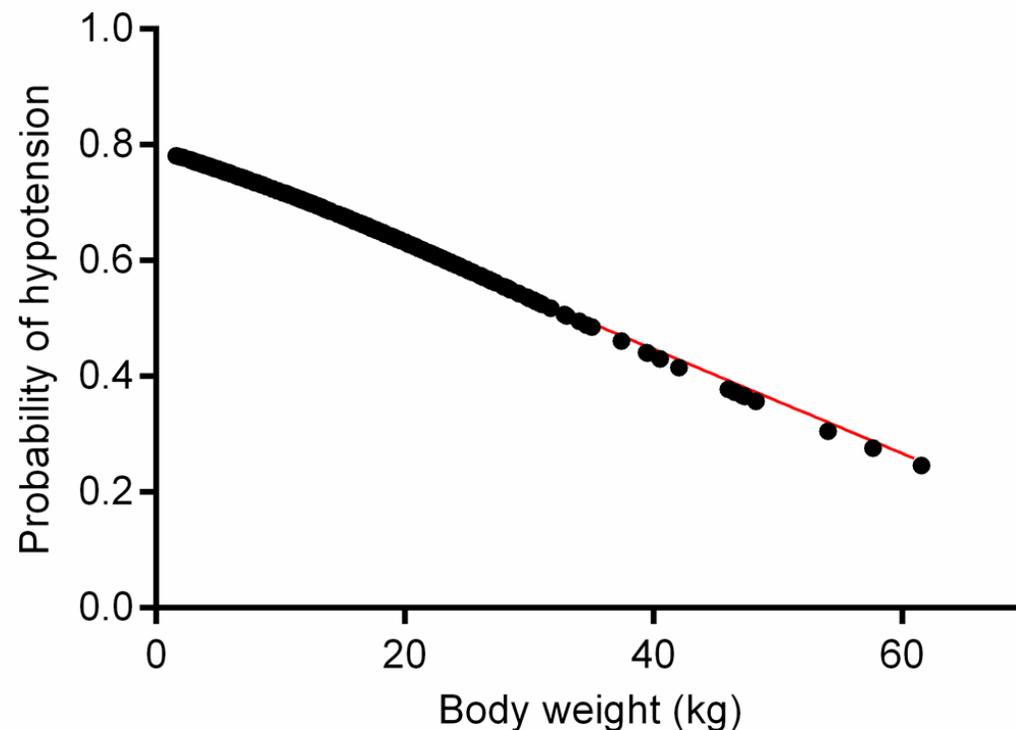


Hipotension durante anestesia

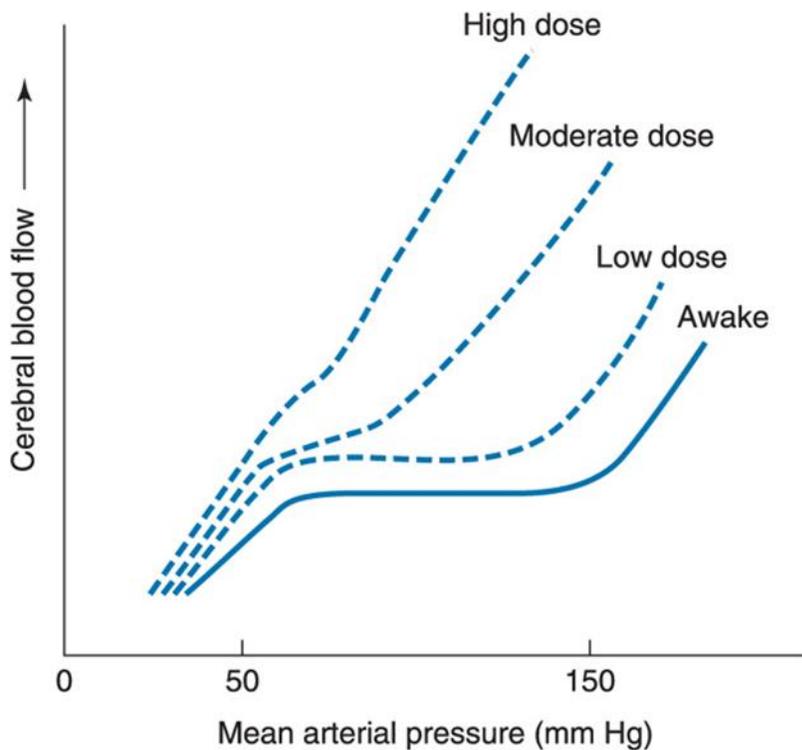
Investigation of associations between preoperative acepromazine or dexmedetomidine administration and development of arterial hypotension or bradycardia in dogs undergoing ovariohysterectomy

The prevalence of arterial hypotension was 110 of 149 (74%) and 106 of 192 (55%) for dogs that received acepromazine and dexmedetomidine, respectively ($P < 0.001$). Body weight was significantly ($P < 0.001$) and negatively correlated with the probability of hypotension ($R^2 = 0.99$; **Figure 1**). The odds of hypotension were significantly ($P < 0.001$) greater for dogs sedated with acepromazine (OR, 2.61; 95% CI, 1.61 to 4.23) than for dogs sedated with dexmedetomidine. No significant association was found between any other evaluated factor and development of hypotension.

The incidence of bradycardia was 86 of 149 (58%) for dogs sedated with acepromazine and 154 of 192 (80%) for those sedated with dexmedetomidine ($P < 0.001$). The odds of bradycardia were significantly ($P = 0.002$) greater for dogs that received dexmedetomidine (OR, 2.45; 95% CI, 1.4 to 4.27) than for dogs



Hipotension arterial



<https://aneskey.com/neurophysiology-and-anesthesia/>

Complicacion mas comun en nuestro servicio
(antes era hipotermia)

Autorregulacion – flujo **depende de presion** con
PAM < **60** mmHg

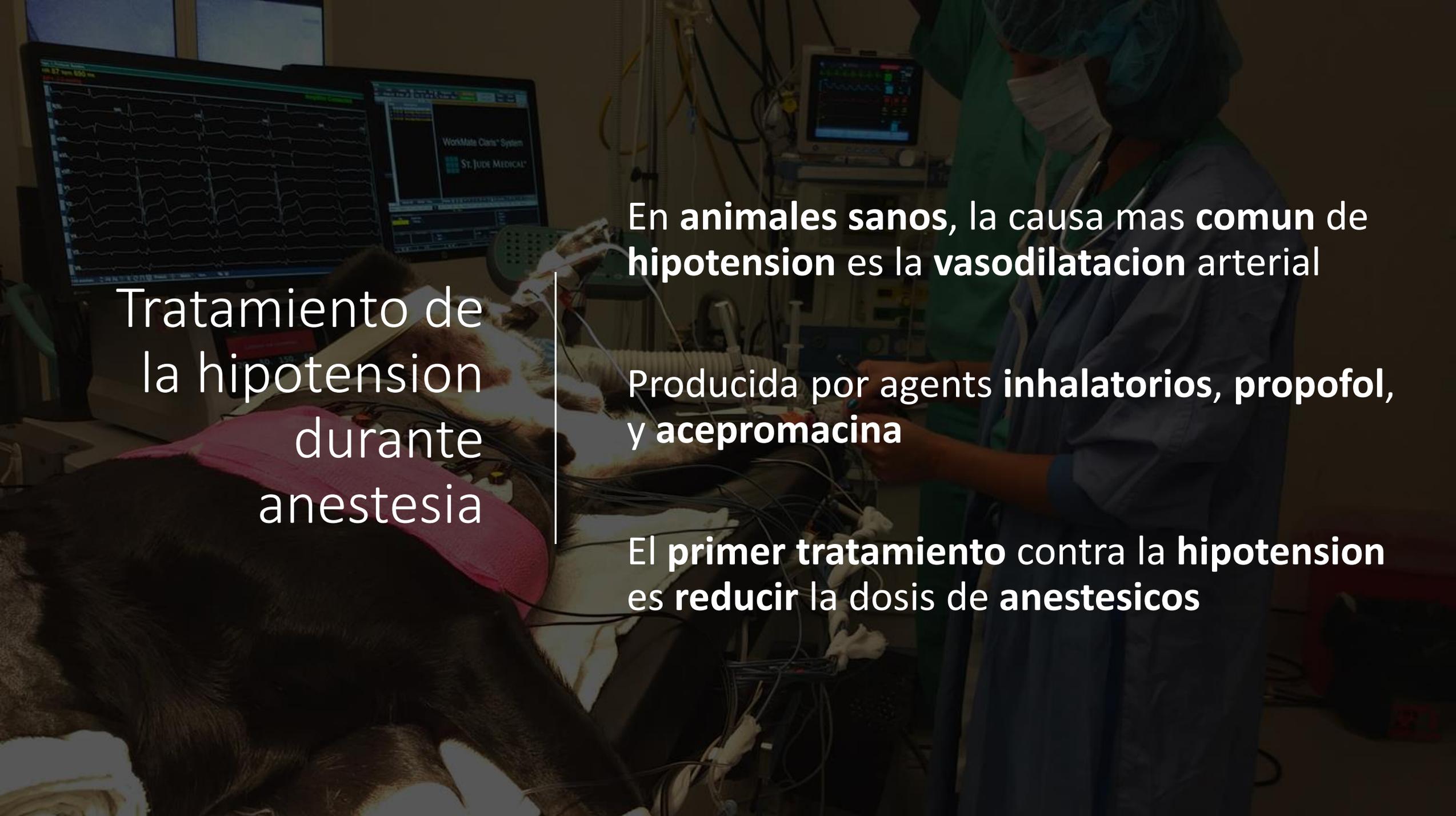
Diferentes causas: **hipovolemia**, bajo
inotropismo, bradicardia, **vasodilatacion**

Tratamiento de la hipotension

La causa mas comun de hipotension en **perros sanos** durante la **anestesia inhalatoria** es la **vasodilatacion**

Bajo inotropismo e hipovolemia son menos communes

Es **muy dificil reconocer** la **causa principal** de hipotension con monitorizacion corriente



Tratamiento de
la hipotension
durante
anestesia

En **animales sanos**, la causa mas **comun** de **hipotension** es la **vasodilatacion** arterial

Producida por agents **inhalatorios**, **propofol**,
y **acepromacina**

El **primer tratamiento** contra la **hipotension**
es **reducir** la dosis de **anestésicos**

Estrategias para reducir anestésicos

Adyuvantes

Opioides

Ketamina

Dexmedetomidina

BNM

Anestesia regional



Tratamiento farmacologico - vasopresores

En **humanos** el tx mas comun es usar **vasoconstrictors**. En **veterinaria**, **inotropicos**

Fenilefrina es el vasopresor mas comun en humanos y en USA

Agonista α_1 – actua directamente sobre la vasculatura

Hidrosoluble, rapido metabolism y corta duracion



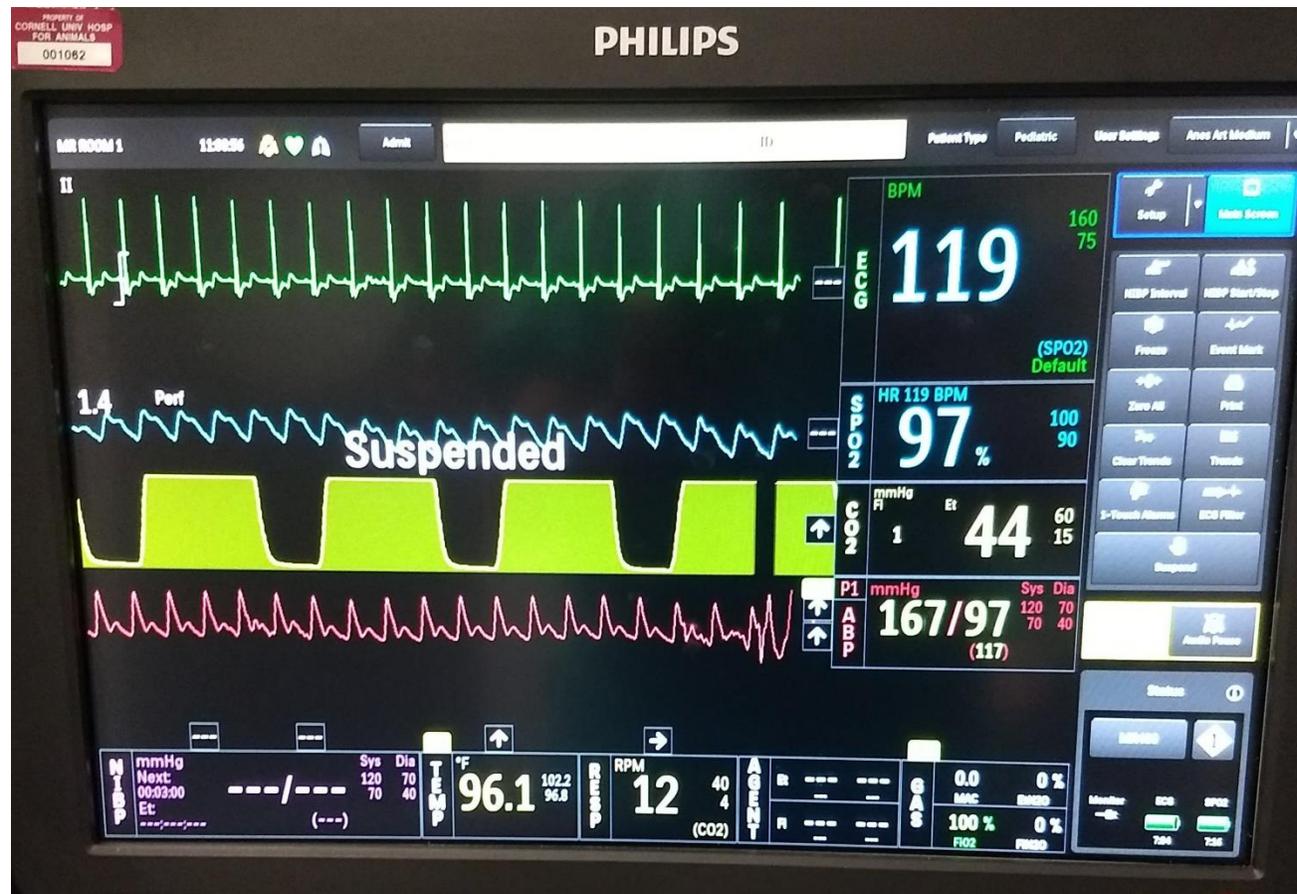
Tratamiento farmacologico - vasopresores

Fenilefrina

Concentrado: 10 mg/mL

Dosis muy bajas: ~1 mcg/kg IV

Infusion: 0.1-1 mcg/kg/min IV

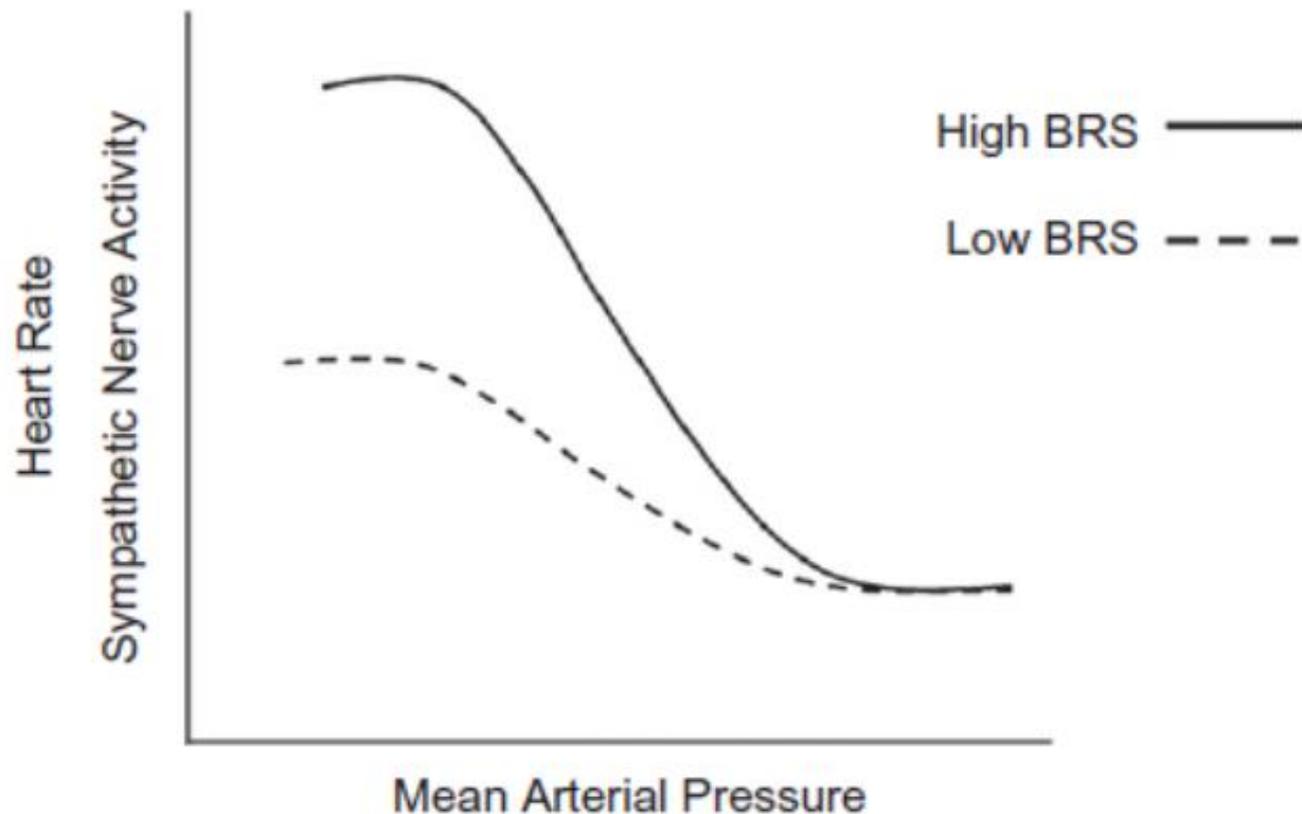


Fenilefrina y FC

Super **eficiente** en subir la PA

Vasoconstriccion produce
bradicardia refleja

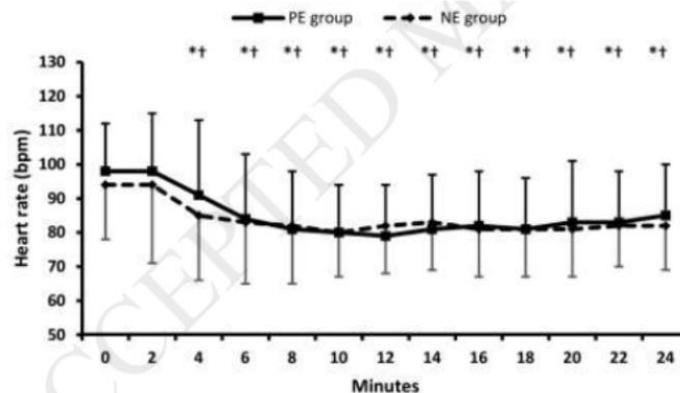
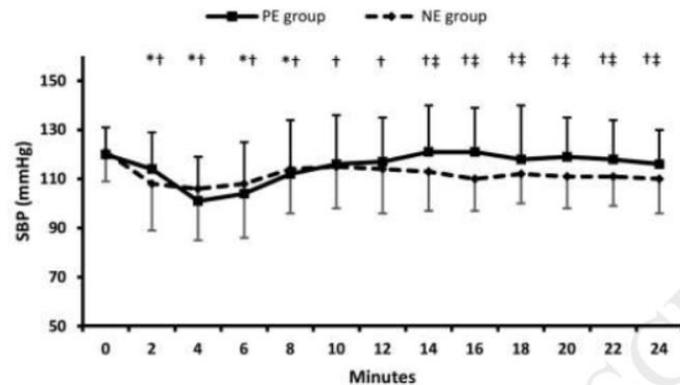
Reflejo baroreceptor - activacion
parasimpatica



Regulation of blood pressure by the arterial baroreflex
and autonomic nervous system

ERICA A. WEHRWEIN^{1*} AND MICHAEL J. JOYNER²

Fenilefrina vs norepinefrina



Norepinephrine versus phenylephrine infusion for prophylaxis against post-spinal anaesthesia hypotension during elective caesarean delivery: A randomised controlled trial.

Ahmed Hasanin (M.D, D.E.S.A)^a, Sarah Amin (M.D)^a, Sherin Refaat (M.D)^a, Sara Habib (M.D)^a, Marwa Zayed (M.D)^a, Yaser abdelwahab (M.D)^a, Mohamed Elsayad (M.D)^a, Maha Mostafa (M.D)^a, Heba Raafat (M.D)^a, Ahmed Elshall (M.D)^a, Shimaa Abd El Fatah (M.D)^b

Methods

A randomised, double-blinded, controlled trial was conducted including mothers scheduled for elective caesarean delivery under spinal anaesthesia. Participants were allocated to two groups: **norepinephrine** group (n=60), and **phenylephrine** group (n=63). Participants received prophylactic vasopressors after spinal block at rate started at **0.05 mcg/Kg/min** and **0.75 mcg/Kg/min**

Inotropicos – dopamina y dobutamina

Dobutamina agonista β_1 y debil β_2

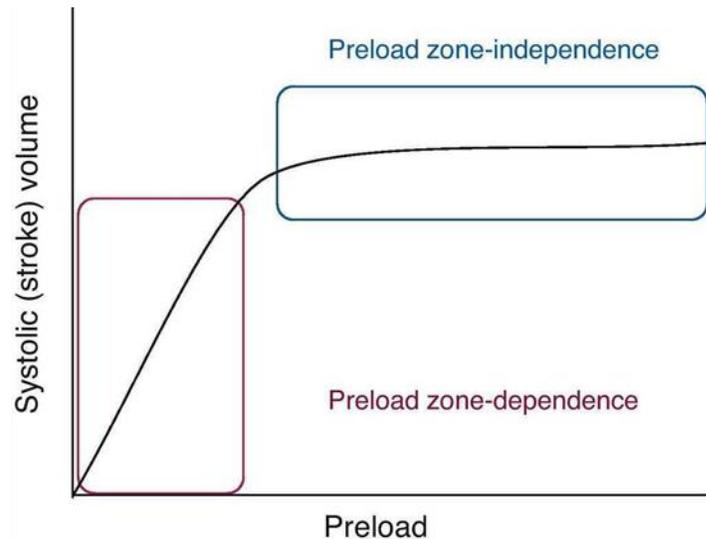
Dopamina agonista D1, β_1 y α_1 >>> **dosis-dependiente**

Los dos pueden **aumentar** el **GC**, pero **no necesariamente la PA**

An animales **vasodilatados**, pueden resultar en **taquicardia sin aumento de PA**
(falta de lleno ventricular)

Uso decreciente en sanos, salvo indicaciones puntuales

Fluidoterapia



Med Intensiva 2011;35:552-61

<http://www.medintensiva.org/en-estimating-cardiac-output-utility-in-articulo-S2173572712000094>

Fluidoterapia es **muy comun** en el tratamiento de la hipotension

Su **efectividad** es **generalmente baja**

La fluidoterapia no aumenta el VE, GC, o PA si la precarga ya es optima

Solo funciona en pacientes con precarga baja (**repondedores**)

Como reconocer a “respondedores” (50%)

Muy **difícil** en la **clínica**

Indicadores **dinámicos** (PVI, PPV, SVV)

Afectados por **factores externos** (ventilación, tono vascular)

Indicadores **volumétricos** – ecocardiografía, GC, Doppler esofágico

Menos afectados

Como reconocer a “respondedores”

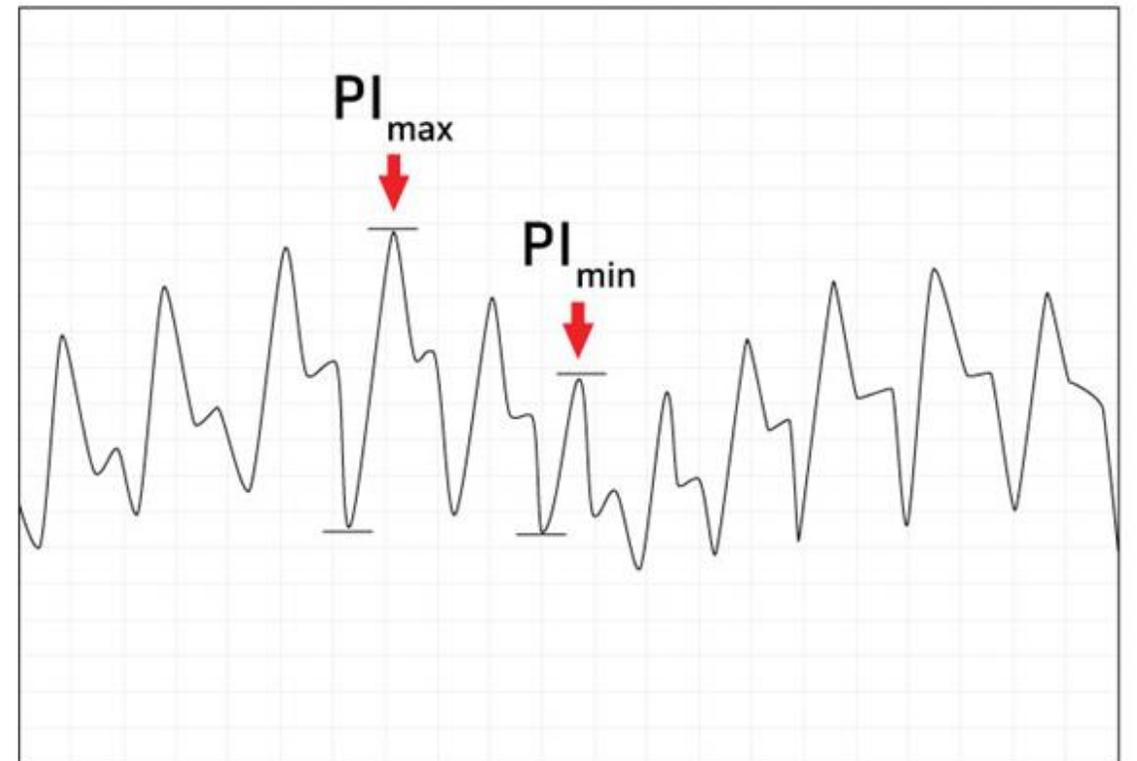
Indicadores **dinamicos** se basan en la interaccion **corazon/ventilador**

Es **necesario** que el paciente sea **ventilado mecanicamente**

Los **cambios** en la **P toracica** afectan el retorno venoso y el **VE**

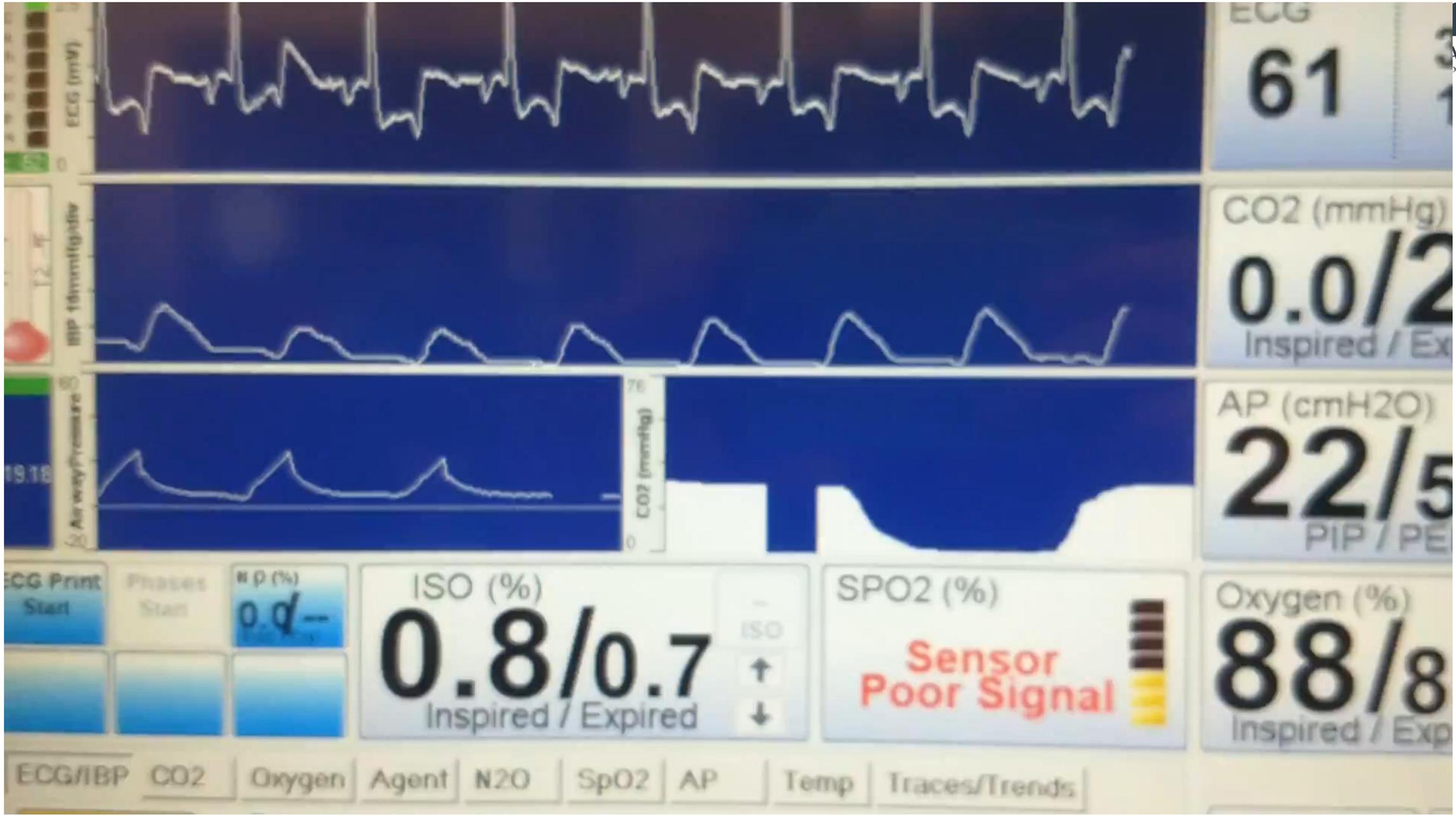
Esto produce **cambios ciclicos** en el **VE**

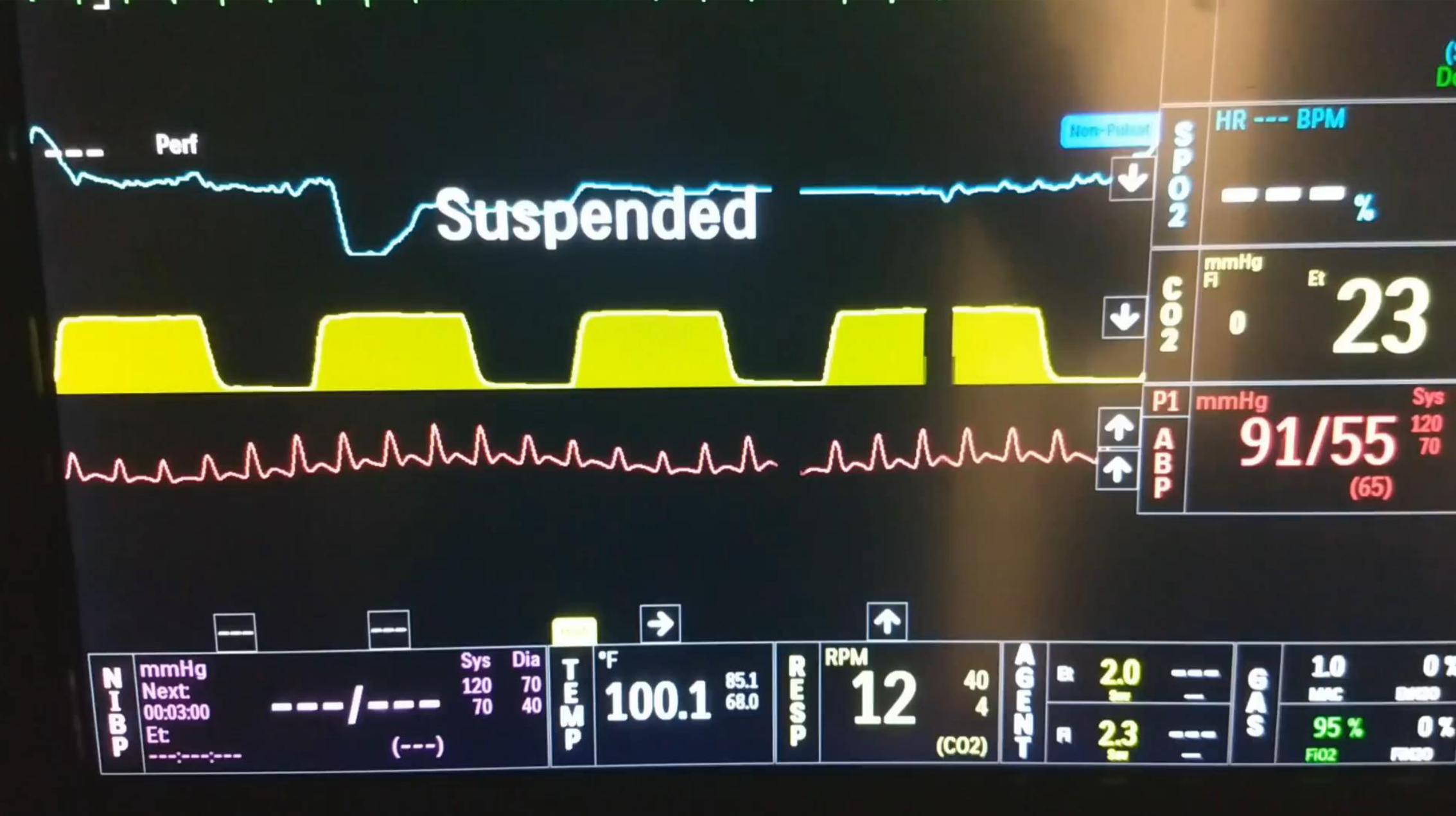
$$PVI = (P_{max} - P_{min})/P_{max}$$



Si se observa a simple vista,
suelen responder a
fluidoterapia







Riesgos de fluidoterapia excesiva

Inefectiva

Anemia por dilucion

Edema en zona quirurgica – afecta la cicatrizacion

Complicaciones pulmonares

Effect of Intraoperative Fluid Management on Outcome after Intraabdominal Surgery

Vadim Nisanevich, M.D.,* Itamar Felsenstein, M.D.,† Gidon Almogy, M.D.,† Charles Weissman, M.D.,‡ Sharon Einav, M.D.,§ Idit Matot, M.D.¶

ACVAA
FOUNDED IN 1975

Background: The debate over the correct perioperative fluid management is unresolved.

Methods: The impact of two intraoperative fluid regimes on postoperative outcome was prospectively evaluated in 152 patients with an American Society of Anesthesiologists physical status of I–III who were undergoing elective intraabdominal surgery. Patients were randomly assigned to receive intraoperatively either liberal (liberal protocol group [LPG], $n = 75$; bolus of 10 ml/kg followed by $12 \text{ ml} \cdot \text{kg}^{-1} \cdot \text{h}^{-1}$) or restrictive (restrictive protocol group [RPG], $n = 77$; $4 \text{ ml} \cdot \text{kg}^{-1} \cdot \text{h}^{-1}$) amounts of lactated Ringer's solution. The primary endpoint was the number of patients who died or experienced complications. The secondary endpoints included time to initial passage of flatus and feces, duration of hospital stay, and changes in body weight, hematocrit, and albumin serum concentration in the first 3 postoperative days.

Results: The number of patients with complications was lower in the RPG ($P = 0.046$). Patients in the LPG passed flatus and feces significantly later (flatus, median [range]: 4 [3–7] days in the LPG vs. 3 [2–7] days in the RPG; $P < 0.001$; feces: 6 [4–9] days in the LPG vs. 4 [3–9] days in the RPG; $P < 0.001$), and their postoperative hospital stay was significantly longer (9 [7–24] days in the LPG vs. 8 [6–21] days in the RPG; $P = 0.01$). Significantly larger increases in body weight were observed in the LPG compared with the RPG ($P < 0.01$). In the first 3 postoperative days, hematocrit and albumin concentrations were significantly higher in the RPG compared with the LPG.

Conclusions: In patients undergoing elective intraabdominal surgery, intraoperative use of restrictive fluid management may be advantageous because it reduces postoperative morbidity and shortens hospital stay.

Fluidoterapia en Cornell

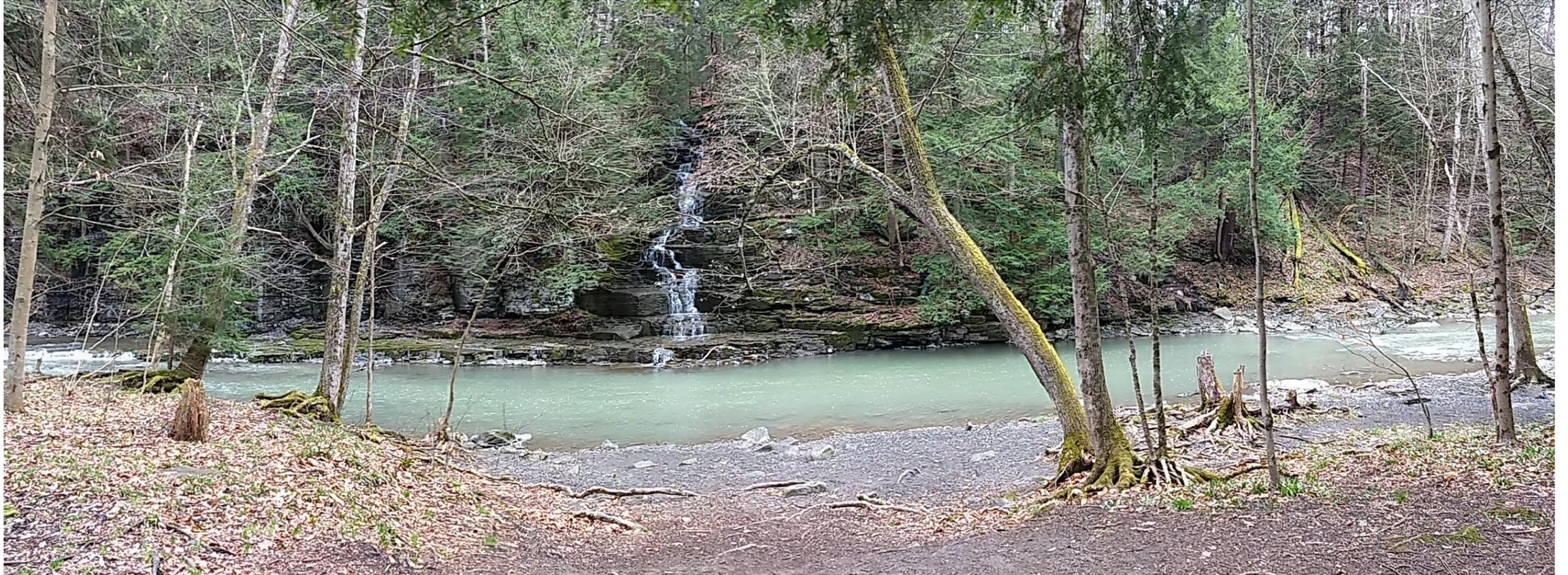
Antes: 10mL/kg/hora

Despues: 10 mL/kg primera hora, luego 5 mL/kg/hora

Ahora: 5 mL/kg/hora. 3 mL/kg/hora en cardiopatas o hipoproteinemicos



Gracias



Regurgitación y vómitos

- La regurgitación es común en animales anestesiados, aun cuando no resulta en vómito
- Inclusive en animales con ayuno
- Incidencia reportada entre 45-80% durante anestesia
- Es difícil de diagnosticar si no se observa en cavidad oral

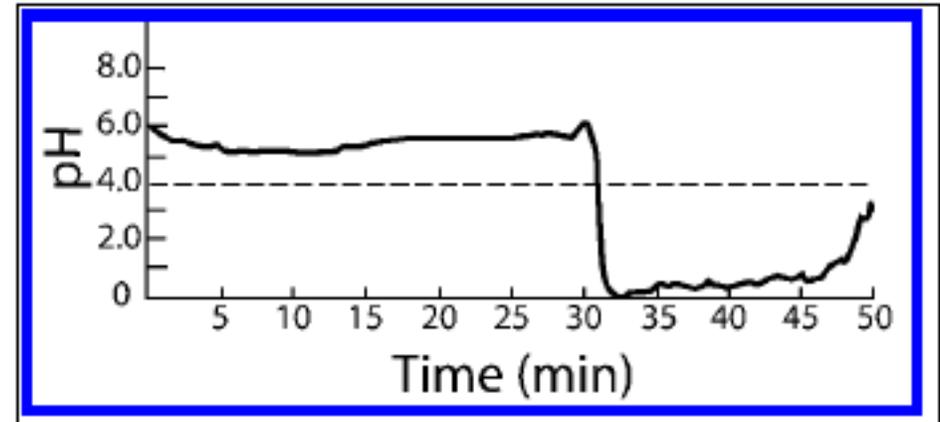


Figure 1—Recorded tracing of esophageal pH for a representative dog that had an episode of GER during anesthesia. The threshold for defining an episode of GER (ie, pH, 4.0) is indicated (horizontal dashed line).

Wilson AJVR 2006

Regurgitación y vómitos

	Maropitant (M)	Saline (S)
I. Population data		
Gender		
Males (intact/neutered)	5 (1/4)	3 (1/2)
Females (intact/spayed)	8 (6/2)	10 (7/3)
Age (years)	2.8 ± 3.0	3.4 ± 3.3
Body weight (kg)	21.5 ± 12.5	19.4 ± 10.7
II. Study data		
Total anesthesia time (minutes)	162 ± 41	146 ± 52
Incidence of vomiting/retching	0/13 dogs	6/13 dogs*
Incidence of GER	4/13 dogs	6/13 dogs
Number of reflux events/case	4 ± 5 (n = 4)	2 ± 1 (n = 6)
Minimum pH during each GER	2.1 ± 0.8	2.2 ± 1.0
Initial esophageal pH		
No GER	6.6 ± 0.8 (n = 9)	6.1 ± 1.5 (n = 7)
GER	5.7 ± 0.9 (n = 4)	6.5 ± 0.6 (n = 6)
Ending esophageal pH		
No GER	6.5 ± 0.6 (n = 9)	6.0 ± 0.8 (n = 7)
GER	4.3 ± 1.7 (n = 4)†	4.1 ± 1.5 (n = 6)†‡

*p = 0.015 versus Group M. †Group M: p = 0.004, Group S:

Maropitant prevented vomiting but not gastroesophageal reflux in anesthetized dogs premedicated with acepromazine-hydromorphone

Rebecca A Johnson

Metoclopramida

Table 2—Results for dogs undergoing elective orthopedic surgery and evaluated to determine the incidence of GER during anesthesia. All values are reported as mean \pm SD unless otherwise indicated.

Variable	Saline	Low*	High
No. of dogs	18	16	18
Vomited after preanesthetic medication [‡]	8 (44%)	8 (50%)	12 (67%)
Dose of thiopental (mg/kg)	8.7 \pm 1.9	8.9 \pm 1.5	8.8 \pm 2.9
GER [‡]	12 (67%) ^a	7 (44%)	6 (33%) ^b
Interval until onset of GER (min)	21.8 \pm 25.8	34.6 \pm 46.4	49.5 \pm 66.4
Duration of reflux (min)	96.9 \pm 58.6	109.7 \pm 87.8	90.3 \pm 60.2
No. of episodes of GER/affected dog	1.8 \pm 1.2	2.8 \pm 2.9	1.7 \pm 1.0
Lowest pH recorded [§]	0.1–3.6	0.1–3.6	1.0–3.7
Initial blood pressure (mm Hg)	65 \pm 7.2	66 \pm 8.5	71 \pm 14.7
Ending blood pressure (mm Hg)	80 \pm 12.6	80 \pm 14.2	84 \pm 16.6
Initial heart rate (beats/min)	78 \pm 19.1	78 \pm 15.7	77 \pm 15.1
Ending heart rate (beats/min)	86 \pm 16.8	94 \pm 17.0	89 \pm 19.5

[‡]Data reported as number of dogs (%). [§]Values reported are the range. ||Data were recorded during surgery (approx 1 hour after induction of anesthesia).
^{a,b}Values with different superscript letters differ significantly ($P = 0.045$).
 See Table 1 for remainder of key.

Influence of metoclopramide on gastroesophageal reflux in anesthetized dogs

Deborah V. Wilson, BVSc, MS; A. Tom Evans, DVM, MS; Whitney A. Mauer, DVM, PhD

Metoclopramida

Evaluation of metoclopramide and ranitidine on the prevention of gastroesophageal reflux episodes in anesthetized dogs

E.S. Favarato, M.V. Souza *, P.R.S. Costa, L.S.C. Favarato, R.C. Nehme, B.S. Monteiro, L.P. Bonfá

- 90 perros: ACP 0.1 mg/kg, propofol, isoflurane
- Control, metoclop (1 mg/kg + 1 mg/kg/h) y ranitidine (2 mg/kg)
- Reflujo: control 7; metoclop 1 y ranitidine 4
- Importante: solo 8% total de regurgitación; sin opioides

Vomitos

- El vomito en animales sedados/anestesiados puede resultar en broncoaspiracion
- Narcoticos y agentes inhalatorios inducen vomitos (inducccion por mascara)
- Como actuar?
- *Cabeza hacia abajo*
- *Aspiracion*
- *Laringoscopia*



